

*Natural Health Center for Acupuncture and Wellness*

N56W39325 Wisconsin Ave Ste C  
Oconomowoc Wisconsin 53066

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Name: First \_\_\_\_\_ Middle \_\_\_\_\_ Last \_\_\_\_\_  
Address \_\_\_\_\_ City, Zip \_\_\_\_\_  
Phone: Daytime \_\_\_\_\_ Home \_\_\_\_\_ Cell \_\_\_\_\_  
Email \_\_\_\_\_ Referred By \_\_\_\_\_ Birth Date \_\_\_\_\_  
\_\_\_\_\_ Marital Status:  Married  Single  Divorced  
Occupation \_\_\_\_\_ Employer \_\_\_\_\_  
Insurance?  No  Yes Insurance Name \_\_\_\_\_  
Policy Number \_\_\_\_\_  
Emergency Contact: Name \_\_\_\_\_ Phone \_\_\_\_\_  
Physician: Name \_\_\_\_\_ Phone \_\_\_\_\_

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Please fill out all information as completely as you can on the following 2 pages. All information is kept private and is only used for your treatment and for billing services.

You may read and print out our Privacy Policy from our website at [www.acupunctureconomowoc.com/acupuncturePrivacy.asp](http://www.acupunctureconomowoc.com/acupuncturePrivacy.asp)

# New Patient Intake Form

Today's Date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Have you had Acupuncture Before?  Yes  No

Herbal Medicine?  Yes  No

Reason \_\_\_\_\_ for \_\_\_\_\_ Visit \_\_\_\_\_ Today

How long have you had this condition? \_\_\_\_\_ Is it getting worse?  Yes  No

Does it bother your  Sleep  Work  Other (what?)

What \_\_\_\_\_ seemed \_\_\_\_\_ to \_\_\_\_\_ be \_\_\_\_\_ the \_\_\_\_\_ initial \_\_\_\_\_ cause?

What \_\_\_\_\_ seems \_\_\_\_\_ to \_\_\_\_\_ make \_\_\_\_\_ it \_\_\_\_\_ better?

What \_\_\_\_\_ seems \_\_\_\_\_ to \_\_\_\_\_ make \_\_\_\_\_ it \_\_\_\_\_ worse?

Are you under the care of a physician now?  Yes  No If yes for what?

Who is your physician? \_\_\_\_\_ Physician's phone \_\_\_\_\_

Other \_\_\_\_\_ concurrent \_\_\_\_\_ therapies

Pharmaceuticals taken past 2 months \_\_\_\_\_

Other Supplements taken past 2 months \_\_\_\_\_

## Family Medical History

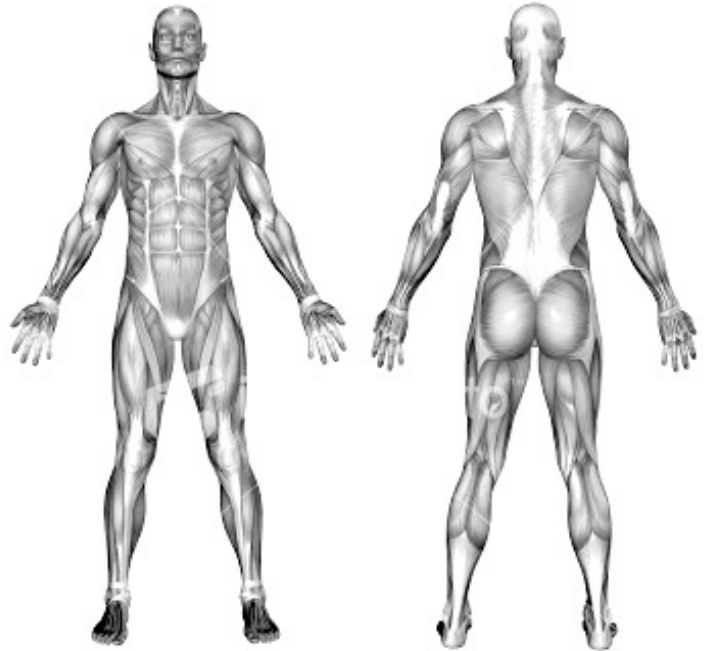
Allergies \_\_\_\_\_  Cancer \_\_\_\_\_

Diabetes \_\_\_\_\_  Seizures \_\_\_\_\_  
 Heart disease \_\_\_\_\_  Stroke \_\_\_\_\_  
 High blood pressure \_\_\_\_\_

## Your Past Medical History

(Check any of the following conditions you currently have, or have had in the past. Please also check if you feel any of the following are a significant part of your medical history)

- |  |  |  |
|--|--|--|
| <input type="radio"/> AIDS/HIV                     | <input type="radio"/> Diabetes         | <input type="radio"/> Multiple Sclerosis |
| <input type="radio"/> Tuberculosis                 | <input type="radio"/> Alcoholism       | <input type="radio"/> Emphysema          |
| <input type="radio"/> Measles                      | <input type="radio"/> Mumps            | <input type="radio"/> Typhoid Fever      |
| <input type="radio"/> Allergies                    | <input type="radio"/> Epilepsy         | <input type="radio"/> Pacemaker          |
| <input type="radio"/> Seizures                     | <input type="radio"/> Ulcers           | <input type="radio"/> Appendicitis       |
| <input type="radio"/> Goiter                       | <input type="radio"/> Pleurisy         | <input type="radio"/> Stroke             |
| <input type="radio"/> Arteriosclerosis             | <input type="radio"/> Heart disease    |  |
| <input type="radio"/> High blood pressure          | <input type="radio"/> Thyroid disorder | <input type="radio"/> Gout               |
| <input type="radio"/> Chicken Pox                  | <input type="radio"/> Whooping cough   | <input type="radio"/> Polio              |
| <input type="radio"/> Scarlet Fever                | <input type="radio"/> Pneumonia        | <input type="radio"/> Asthma             |
| <input type="radio"/> Cancer                       | <input type="radio"/> Rheumatic fever  |  |
| <input type="radio"/> Herpes                       | <input type="radio"/> STD              | <input type="radio"/> Hepatitis          |
| <input type="radio"/> Other (please specify) _____ | <input type="radio"/> Surgery _____    | <input type="radio"/> Major Trauma _____ |



Ache AAAAA	Numbness =====	Pins & Needles 0000000000	Burning XXXXX	Stabbing //////////
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\_\_\_\_\_  
 \_\_\_\_\_

## Your Lifestyle

<input type="radio"/> Alcohol	<input type="radio"/> Marijuana	<input type="radio"/> Stress	Regular exercise	Frequency _____
<input type="radio"/> Tobacco	<input type="radio"/> Drugs	<input type="radio"/> Occupational Hazards	Type _____	Frequency _____
			Type _____	

## General Symptoms

- |   |   |   |  |  |
|---|---|---|--|--|
| <input type="radio"/> Poor appetite             | <input type="radio"/> Poor sleep            | <input type="radio"/> Bodily heaviness    | <input type="radio"/> Chills               | <input type="radio"/> Bleed or bruise easily     |
| <input type="radio"/> Heavy appetite            | <input type="radio"/> Heavy sleep           | <input type="radio"/> Cold hands & feet   | <input type="radio"/> Night Sweats         | <input type="radio"/> Peculiar tastes (describe) |
| <input type="radio"/> Strongly like cold drinks | <input type="radio"/> dream disturbed sleep | <input type="radio"/> Poor circulation    | <input type="radio"/> Sweat easily         | _____  |
| <input type="radio"/> Strongly like hot drinks  | <input type="radio"/> Fatigue               | <input type="radio"/> Shortness of breath | <input type="radio"/> Muscle cramps        | _____  |
| <input type="radio"/> Recent weight loss/gain   | <input type="radio"/> Lack of strength      | <input type="radio"/> Fever               | <input type="radio"/> Vertigo or dizziness | _____  |

## Head, Eyes, Ears, Nose, Throat

- |   |  |  |  |  |
|---|--|--|--|--|
| <input type="checkbox"/> Glasses        | <input type="checkbox"/> Night blindness | <input type="checkbox"/> Sores on lips or tongue | <input type="checkbox"/> Recurrent sore throat | <input type="checkbox"/> Headaches                   |
| <input type="checkbox"/> Eye strain     | <input type="checkbox"/> Glaucoma        | <input type="checkbox"/> Dry Mouth               | <input type="checkbox"/> Swollen glands        | <input type="checkbox"/> Migraines                   |
| <input type="checkbox"/> Eye Pain       | <input type="checkbox"/> Cataracts       | <input type="checkbox"/> Excessive saliva        | <input type="checkbox"/> Lumps in throat       | <input type="checkbox"/> Concussions                 |
| <input type="checkbox"/> Red Eyes       | <input type="checkbox"/> Teeth Problems  | <input type="checkbox"/> Sinus problems          | <input type="checkbox"/> Enlarged thyroid      | <input type="checkbox"/> Other head or neck problems |
| <input type="checkbox"/> Itchy Eyes     | <input type="checkbox"/> Grinding teeth  | <input type="checkbox"/> Excessive phlegm        | <input type="checkbox"/> Nose bleeds           | _____  |
| <input type="checkbox"/> Spots in eyes  | <input type="checkbox"/> TMJ             | <input type="checkbox"/> Color of phlegm _____   | <input type="checkbox"/> Ringing in ears       | _____  |
| <input type="checkbox"/> Poor vision    | <input type="checkbox"/> Facial Pain     |  | <input type="checkbox"/> Poor hearing          | _____  |
| <input type="checkbox"/> Blurred vision | <input type="checkbox"/> Gum Problems    |  | <input type="checkbox"/> Earaches              | _____  |

## Respiratory

- |   |  |                                |   |
|---|--|--------------------------------|---|
| <input type="checkbox"/> Difficulty breathing when lying down | <input type="checkbox"/> Tight chest     | <input type="checkbox"/> Cough | <input type="checkbox"/> Coughing blood |
| <input type="checkbox"/> Shortness of breath                  | <input type="checkbox"/> Asthma/wheezing | Wet or dry? _____              | <input type="checkbox"/> Pneumonia      |
|   |  | Thick or thin? _____           |   |

## Cardiovascular

- |  |   |   |   |  |
|--|---|---|---|--|
| <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Low blood pressure | <input type="checkbox"/> Chest pain           | <input type="checkbox"/> Tachycardia        | <input type="checkbox"/> Phlebitis           |
| <input type="checkbox"/> Blood clots         | <input type="checkbox"/> Fainting           | <input type="checkbox"/> Difficulty breathing | <input type="checkbox"/> Heart palpitations | <input type="checkbox"/> Irregular heartbeat |

## Gastrointestinal

- |   |  |  |                                     |
|---|--|--|-------------------------------------|
| <input type="checkbox"/> Nausea             | <input type="checkbox"/> Diarrhea        | <input type="checkbox"/> Intestinal pain or cramping | Bowel movements                     |
| <input type="checkbox"/> Vomiting           | <input type="checkbox"/> Constipation    | <input type="checkbox"/> Itchy anus                  |                                     |
| <input type="checkbox"/> Acid regurgitation | <input type="checkbox"/> Laxative use    | <input type="checkbox"/> Burning anus                | Frequency _____                     |
| <input type="checkbox"/> Gas                | <input type="checkbox"/> Black stools    | <input type="checkbox"/> Rectal pain                 | Color _____                         |
| <input type="checkbox"/> Hiccup             | <input type="checkbox"/> Bloody stools   | <input type="checkbox"/> Hemorrhoid                  |                                     |
| <input type="checkbox"/> Bloating           | <input type="checkbox"/> Mucous in Stool | <input type="checkbox"/> Anal Fissures               | <input type="checkbox"/> Bad Breath |

## Musculoskeletal

- |   |  |                                     |  |   |
|---|--|-------------------------------------|--|---|
| <input type="checkbox"/> Neck/shoulder pain | <input type="checkbox"/> Upper back pain | <input type="checkbox"/> Joint pain | <input type="checkbox"/> Limited range of motion | <input type="checkbox"/> Other (describe) |
| <input type="checkbox"/> Muscle pain        | <input type="checkbox"/> Low back pain   | <input type="checkbox"/> Rib pain   | <input type="checkbox"/> Limited use             | _____                                     |

## Skin and Hair

- |                                      |                                    |                                    |  |                          |
|--------------------------------------|------------------------------------|------------------------------------|--|--------------------------|
| <input type="checkbox"/> Rashes      | <input type="checkbox"/> Eczema    | <input type="checkbox"/> Dandruff  | <input type="checkbox"/> Change in hair/skin texture | Other hair/skin problems |
| <input type="checkbox"/> Hives       | <input type="checkbox"/> Psoriasis | <input type="checkbox"/> Itching   | <input type="checkbox"/> Fungal infections           | _____                    |
| <input type="checkbox"/> Ulcerations | <input type="checkbox"/> Acne      | <input type="checkbox"/> Hair loss |  | _____                    |

## Neuropsychological

- |                                   |                                      |  |   |                 |
|-----------------------------------|--------------------------------------|--|---|-----------------|
| <input type="checkbox"/> Seizures | <input type="checkbox"/> Poor memory | <input type="checkbox"/> Irritability    | <input type="checkbox"/> Considered/attempted suicide | Other (specify) |
| <input type="checkbox"/> Numbness | <input type="checkbox"/> Depression  | <input type="checkbox"/> Easily Stressed | <input type="checkbox"/> Seeing a therapist           | _____           |
| <input type="checkbox"/> Tics     | <input type="checkbox"/> Anxiety     |  |   | _____           |

## Genito-Urinary

- |   |   |   |   |  |
|---|---|---|---|--|
| <input type="checkbox"/> Pain on urination  | <input type="checkbox"/> Blood in Urine       | <input type="checkbox"/> Venereal disease | <input type="checkbox"/> Increased Libido | <input type="checkbox"/> Impotence             |
| <input type="checkbox"/> Frequent urination | <input type="checkbox"/> Unable to hold urine | <input type="checkbox"/> Bedwetting       | <input type="checkbox"/> Decreased Libido | <input type="checkbox"/> Premature ejaculation |
| <input type="checkbox"/> Urgent urination   | <input type="checkbox"/> Incomplete urination | <input type="checkbox"/> Wake to urinate  | <input type="checkbox"/> Kidney stone     | <input type="checkbox"/> Nocturnal emission    |

## Gynecology

- |                                    |  |  |   |   |
|------------------------------------|--|--|---|---|
| Age Menses began _____             | Duration of flow _____                     | <input type="checkbox"/> Vaginal discharge (color) _____ | <input type="checkbox"/> Breast lumps           | <input type="checkbox"/> Date of last PAP _____ |
| Length of cycle (day 1 to 1) _____ | <input type="checkbox"/> Irregular periods | <input type="checkbox"/> Vaginal sores                   | <input type="checkbox"/> # pregnancies _____    | Date last period began _____                    |
|                                    | <input type="checkbox"/> Painful periods   | <input type="checkbox"/> Vaginal odor                    | <input type="checkbox"/> Live births _____      |   |
|                                    | <input type="checkbox"/> PMS               | <input type="checkbox"/> Clots                           | <input type="checkbox"/> Premature births _____ |   |
|                                    |  |  | Age at Menopause _____                          |   |

## Other \_\_\_\_\_

### Stop Here

Pulse: \_\_\_\_\_ Tongue \_\_\_\_\_

Other: \_\_\_\_\_

Dx: \_\_\_\_\_

Points \_\_\_\_\_

Tx Plan: \_\_\_\_\_ / Week  Based on medical necessity  As prescribed by PTP  As long as symptoms  Maintenance

Modalities:  Acupuncture  E-Stim  I/R  Mech. Tract.  Man Therapy  Cupping  Ther/exer

Short term goals:  Mms Spasm  Inflammation 1'ROM  Pain

Long term goals: 1'Function 1'Strength 1'Balance 1'Stability

Herbs/Formulas: \_\_\_\_\_

Refer to  Chiro  Ortho  Neuro  Internist  Opth  Other \_\_\_\_\_